



## OAT BRAN NUGGETS NO SALT ADDED

<b>Nutrition Facts</b>			
Serving Size 1 oz. (28g/about 22 pretzels)			
Servings Per Container			
<b>Amount Per Serving</b>			
<b>Calories</b>	110	Calories from Fat	10
		<b>% Daily Value **</b>	
<b>Total Fat</b>	1g		<b>2%</b>
Saturated Fat	0g		<b>0%</b>
Trans Fat	0g		
<b>Cholesterol</b>	0mg		<b>0%</b>
<b>Sodium</b>	35mg		<b>1%</b>
<b>Total Carbohydrate</b>	23g		<b>8%</b>
Dietary Fiber	1g		<b>4%</b>
Sugars	1g		
<b>Protein</b>	3g		
Vitamin A *		Vitamin C *	
Calcium *		Iron 6%	
* Contains less than 2% of the Daily Value of these nutrients.			
** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 Carbohydrate 4 Protein 4			

**INGREDIENTS:** UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE-B1, RIBOFLAVIN-B2, FOLIC ACID), OAT BRAN, SOY FLOUR, MALT, SOYBEAN OIL, AND YEAST.

**Allergen Alert:**

**This product manufactured in a plant that processes/uses chocolate, cinnamon, gluten, honey, peanuts, sesame, soybean oil and other soy products, tree nuts, and wheat flour. PLEASE READ INGREDIENTS LIST CAREFULLY. THANK YOU.**